



## From our Founder's Desk

This has been an encouraging quarter, with programs reaching new heights, expanding into new communities, and strengthening partnerships with our stakeholders. There is much to look forward to. And I believe our greatest chapters are still waiting to be written.

[Read more...](#)



## Udyog Utsav 2026

We conducted 3 Udyog Utsav events in Coimbatore, Trichy and Madurai where 1,100+ scholars interacted with corporate leaders and accomplished dignitaries. These interactions offered the students unique exposure to the professional world, broadening their aspirations and shaping their future career journeys.

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## Project Puthri Initiatives

Project Puthri equips adolescent girls from underserved communities with the skills, guidance and exposure needed to envision a brighter future. Through life skills, mentorship, role models and career awareness, the program builds confidence and enables scholars to pursue informed educational and career pathways.

[Read more...](#)



## Puthri Scholarship Program

The Puthri Scholarship Program helps deserving girls overcome financial barriers to education. This quarter, the Dow Scholarship Program supported 11 Project Puthri beneficiaries at a scholarship distribution held at the Dow office in Chennai, enabling students to continue their education.

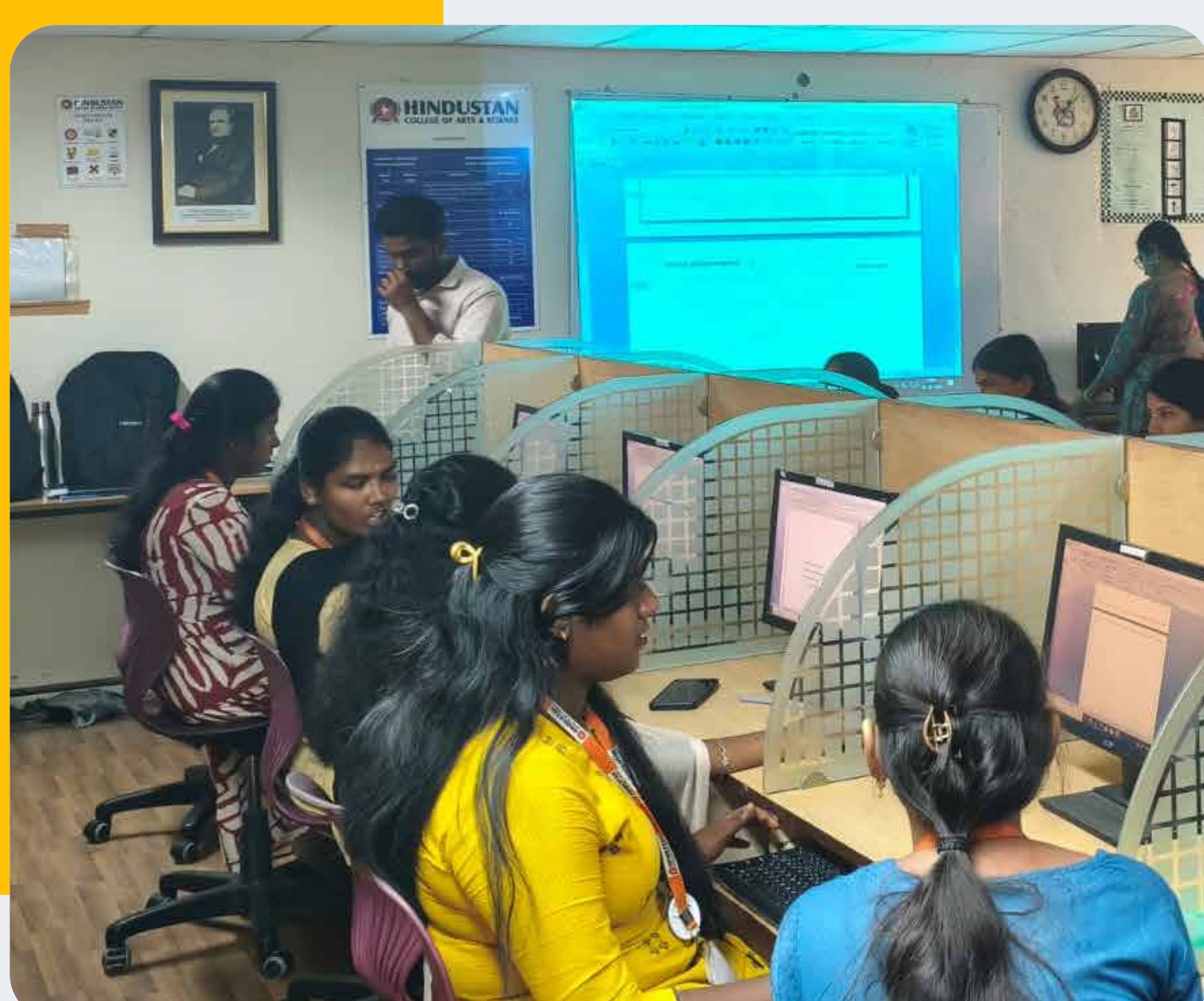
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## Nipuni Career Pathing Program

Nipuni Career Pathing equips young women from underserved communities for work through skill-building, mentorship, career guidance and industry exposure. This quarter, they participated in skill-building sessions, certificate courses in MS Office and AI Tools and a corporate walk tour at Ford!

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## Men Impacting Trust and Respect (MITR)

Men Impacting Trust and Respect (MITR) engages adolescent boys to understand empathy, respect, gender equality and healthy relationships. Through interactive learning, MITR encourages them to become responsible allies and foster safer, more inclusive environments where every girl can thrive.

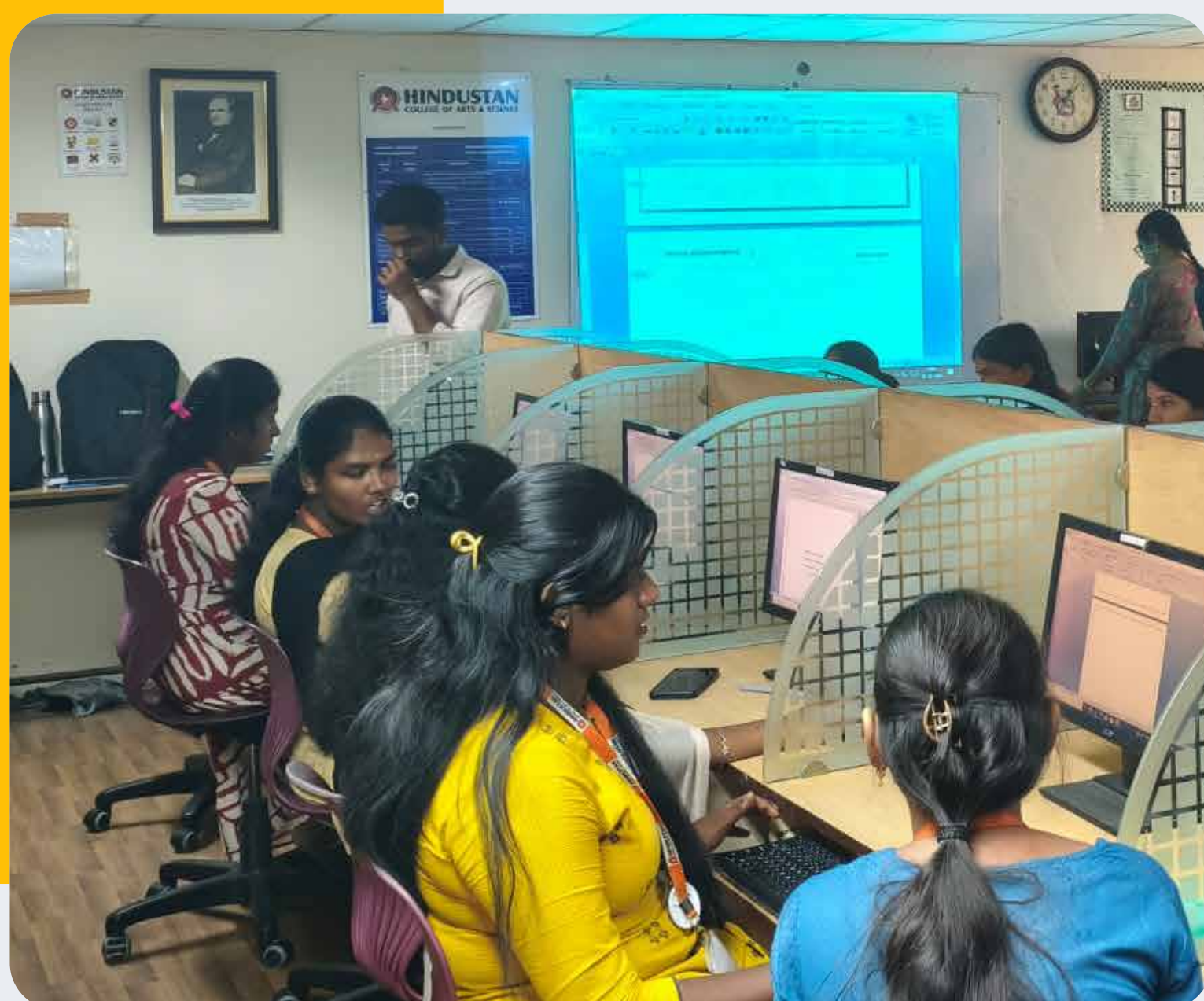
[Read more...](#)



## Contact, Volunteer & Donate!

We invite you to be part of our journey! Reach out to us and find out how you can volunteer your time and skills. If you are inspired, share this newsletter with your network and donate to our programs to change lives!

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## From Our Founder's Desk



The past quarter has been an encouraging three months for Avtar Human Capital Trust. Across Tamil Nadu, Puducherry, Karnataka and Telangana, our programs have reached new heights and touched the lives of countless young people and their families.

The growing impact of our programs is also reflected in the expansion to new locations. What began in one geography is steadily finding a place in new communities. What makes this even more meaningful is the deepening of our relationships with our stakeholders. Our partnerships with educational institutions are growing, our network of corporate partners is expanding, and an increasing number of school and college students are experiencing the impact of our programs.

**3,700+ hours** of Project Puthri interventions across **15 locations** in **130 schools**

**6 Project Puthri Train The Mentor** sessions conducted

**390 Project Puthri** workbooks distributed

**5,125 MITR** beneficiaries across **47 schools** in **6 cities**

**1,780+ hours** of MITR interventions

**62+ hours** of structured Nipuni Career Pathing sessions

**86 Nipuni Career Pathing** scholars participated in corporate walk tours

**3 Udyog Utsav** events conducted in 3 locations impacting **1,100+ scholars**

Behind every number, every program and every milestone is a young person whose path towards a better future has become a little more certain. For us, that is where the true meaning of our work is. It is this sense of momentum that has inspired the evolution of Pulse, our quarterly newsletter. Pulse began as an annual newsletter, became a half-yearly publication and has now evolved into a quarterly one. This change is, in many ways, a reflection of the energy and growth of Avtar Human Capital Trust. Through Pulse, we hope to bring you closer to these moments of impact.

At the centre of all these stories are the young people themselves. The girl who begins to imagine herself in a career she had never considered before. The college student who gains the confidence to step into the professional world. The young person who receives the guidance, skills or financial support that helps keep a dream alive. The adolescent boy who begins to understand what it means to be a true gender champion. These moments may appear small individually, but together they can shape the trajectory of an entire life.

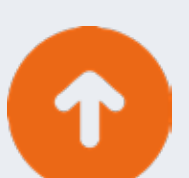
None of this would be possible without the incredible people who walk alongside us. My heartfelt thanks go to our changemakers, volunteers, mentors, trainers and vendors, who contribute their time, expertise, energy and commitment to making our programs work on the ground. I am grateful to our CSR partners, whose unwavering partnership continues to make everything we do possible. Your trust, commitment and belief in the potential of young people allow us to reach further, create more opportunities and build stronger pathways towards education and careers.

As I look at the journey ahead, I do so with immense gratitude for everything we have accomplished together and with great anticipation for what is yet to come. There are many more young people to reach, many more aspirations to nurture and many more possibilities to unlock. There is much to look forward to. And I believe our greatest chapters are still waiting to be written.

With gratitude and purpose,

A handwritten signature in black ink that reads "Saundarya Rajesh".

**Dr. Saundarya Rajesh**  
Managing Trustee  
Avtar Human Capital Trust



# Udyog Utsav - 2026

Udyog Utsav is a transformative career exposure event that places underserved girls at the centre of opportunity and aspiration. The event provides scholars with exposure to diverse courses, industries, career pathways and inspiring role models. Through Knowledge Sharing Sessions, interactive conversations and talks by professionals from various fields, students gain insights into the world of work and emerging career opportunities. Udyog Utsav aims to broaden the students' perspectives, strengthen career awareness and inspire young individuals to make informed choices towards a confident and financially independent future.

## Udyog Utsav - Coimbatore 18<sup>th</sup> July, 2026



Udyog Utsav in Coimbatore was held on **18<sup>th</sup> July, 2026** at **Hindusthan College of Arts & Science** and brought together **439+ Project Puthri scholars** from **10 government schools**. The Chief Guest at the event was Mr. Katta Ravi Teja, Commissioner, Coimbatore City Municipal Corporation while Dr. Sudhakar (Director, Postgraduate Department of Business Administration, Hindusthan College of Arts & Science) and Mr. Prathaban (Talent Acquisition Group Head, Propel Industries) shared valuable insights on education, careers, innovation and future-ready skills. A key highlight was the career Knowledge Sharing Session featuring experts from **24 diverse career domains**, along with scholarship distribution, Talent Search recognition, cultural performances and a self-defence workshop, enabling scholars to broaden their career awareness and aspirations.

## Udyog Utsav - Trichy 25<sup>th</sup> July, 2026



Udyog Utsav in Trichy was held at **Srimad Andavan Arts & Science College (Autonomous)** on **25<sup>th</sup> July, 2026** and **357 Project Puthri scholars** from Grades 11 and 12 across **8 government schools** participated. Mr. Rahul Raghavan, IAS, Assistant Collector, Tiruchirappalli was the Chief Guest who addressed the participants at the energy-packed event. Mr. Ganesan Alagarsamy (General Manager – Operations, SRI Energy), Ms. Dhaarini Srinivasan (Associate Director – Global Sustainability & CSR Lead, VDart) and Ms. Savitri Sivakumar (Co-Founder & Finance Lead – EdTech, Trichy Plus) shared valuable insights on career opportunities, industry expectations and the importance of embracing opportunities. The Career Knowledge Sharing Expo featured professionals from **17 leading corporates**, offering scholars exposure to **diverse career domains, emerging professions and higher education pathways**. The event also featured a creative cultural performance and self-defence demonstration.

## Udyog Utsav - Madurai 8<sup>th</sup> August, 2026



On **8<sup>th</sup> August, 2026**, Udyog Utsav was conducted in Madurai where **327 Project Puthri scholars** from **8 schools** took part in the event. Udyog Utsav created a vibrant platform for career exploration and industry exposure and featured the Chief Guest, Mr. Gaurav Kumar, IAS, Corporation Commissioner of Madurai. Also sharing their experiences were Mr. V.S.P. Solamalai Pitchai (Chairman, Solamalai Groups), Mr. S.P. Aravind (Executive Director, Solamalai Institutions), Mr. Lakshmanan A. D., (Consultant, Cadre Management Lead – Madurai & Vijayawada, HCLTech) and Ms. Sasikala Paranjothi (Senior Manager – People Practice – PDES BU, Happiest Minds Technologies) who addressed the students with inspiring and encouraging messages which made a difference to the young individuals. The Knowledge Sharing Sessions featured professionals from **15 corporates**, offering scholars valuable insights into diverse career pathways, industry expectations and future opportunities.



# Project Puthri Initiatives

Project Puthri is our flagship program for adolescent girls from underserved communities, combining life skills, career guidance, mentoring, role-modelling and career exposure to help scholars make informed choices about their future. This quarter, Project Puthri reached **3,800+ beneficiaries** across **15 locations** in **130 schools** and delivered **3,700+ hours of structured interventions**. Through sustained engagement, Project Puthri helps girls build confidence, discover career possibilities and develop the skills and clarity needed to pursue higher education and meaningful career pathways.

## Inaugurals And Pre Assessments

This quarter marked a strong start to the new academic cycle, with inaugural sessions and pre assessments conducted across **83 schools under Project Puthri**. The sessions introduced scholars to the program’s objectives, learning journey and opportunities, while creating an engaging space to understand their aspirations and expectations. The pre assessments provided valuable insights into scholars’ existing skills, career awareness and areas for development, helping the team understand their needs and plan interventions that are relevant, focused and impactful.



## Corporate Walk Tour

**48 Puthri scholars** from **GHSS Perungudi** and **GHSS Pallikaranai** participated in an engaging Corporate Walk Tour at Ford, gaining first-hand exposure to a professional work environment. The visit offered scholars an opportunity to observe workplace culture, understand different roles and functions within a corporate setting, and interact with professionals. Beyond the classroom, the experience helped them connect their learning with the real world, broaden their understanding of career possibilities and build confidence in envisioning themselves in professional spaces.



## Elsevier - Client Engagement Session

Elsevier conducted engaging corporate sessions for Project Puthri scholars at **CHSS Velachery** and **CHSS Taramani** schools. At **CHSS Velachery**, the session on **“Interactive Spoken English: Building Confidence”** encouraged scholars to communicate more confidently and express themselves effectively. At **CHSS Taramani**, the **Analytical Skills session** focused on developing logical thinking, problem-solving and decision-making abilities. Through these interactions, scholars gained practical skills beyond the classroom, strengthening their communication, analytical thinking and confidence for their academic and future career journeys.



## Awareness Session

Infineon conducted an engaging awareness session for **54 scholars** at **Government PU College, KR Puram in Bengaluru**, providing the students with valuable exposure to industry perspectives and career possibilities. The eye-opening awareness session helped students gain a broader understanding of professional opportunities, encouraged them to explore future pathways, and inspired the young individuals to approach their education and career aspirations with greater awareness and confidence.



## Launch of Partnership with Voltas

Voltas joined hands with Project Puthri, marking the beginning of a meaningful partnership towards empowering young girls through education and career development. The inauguration in Bengaluru was attended by **Dr. Jignyasa, CSR Head of Voltas** and **Mr. Pratik, Assistant Manager of CSR at Voltas**, who travelled from Mumbai to meet the Project Puthri scholars and witness the program’s impact first-hand in the lives of students.



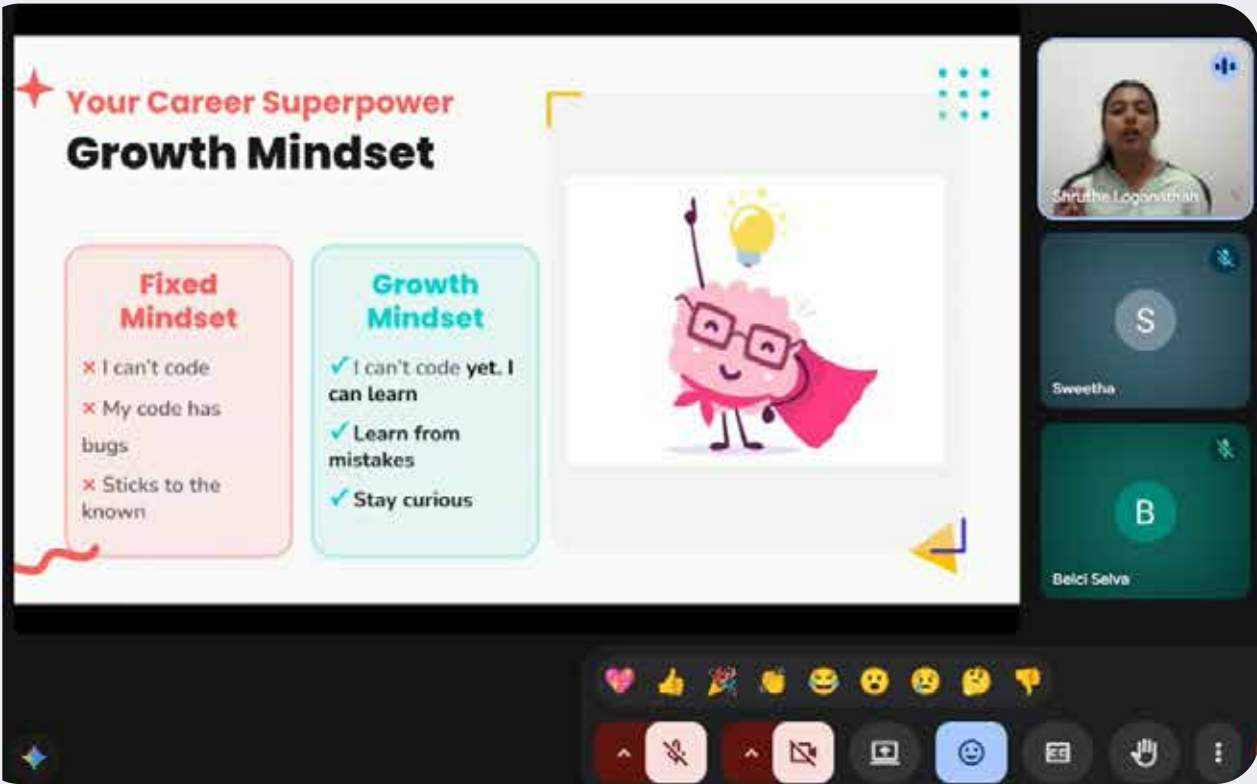
## Train The Mentor (TTM)

This quarter, **6 Train the Mentor (TTM)** sessions were conducted across multiple locations, equipping volunteers with the knowledge, tools and facilitation skills needed to engage effectively with Project Puthri scholars. With **161 mentors participating in total**, the sessions strengthened volunteer preparedness and ensured consistent, meaningful delivery of interventions across schools and communities.



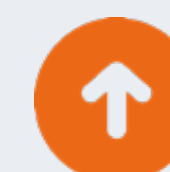
## Project Puthri - Leaders’ Talk

Project Puthri scholars engaged with industry leaders through **3 insightful Leaders’ Talk sessions**, gaining perspectives on careers, workplace realities and emerging opportunities. **Mr. Ashok Kumar (Plant Manager, AWIPL)** spoke on industrial gases and market requirements while **Mr. Anand (Team Leader – HR, Saint-Gobain)** discussed diversity, inclusion and career opportunities and **Ms. Shruthe (Senior Software Engineer, Striim)** explored technology careers and transforming ideas into apps.



# Puthri Scholarship Program

The Dow Scholarship Program supported 11 Project Puthri beneficiaries through a scholarship distribution held at the Dow Office, Porur. The initiative provides scholars with financial support to continue their education and pursue their aspirations. Beyond financial assistance, the scholarship strengthens their confidence and creates greater opportunities to progress towards higher education and future career goals. This year also marks four years of a meaningful partnership between AHCT and Dow Chemicals, committed to enabling continued educational opportunities for young scholars.



# Nipuni Career Pathing

Nipuni Career Pathing Program (NCP) supports undergraduate girls from underserved communities with the skills, guidance and opportunities needed to navigate higher education and build meaningful careers. Through scholarships, skill development, industry exposure, internships and mentoring, NCP helps scholars strengthen employability, gain workplace confidence and make informed career choices. The program bridges the gap between education and employment, enabling young women to move towards greater

## Interventions

Across partner colleges, Nipuni scholars participated in **62+ hours of structured skill-building sessions** this quarter, covering **financial literacy, entrepreneurship, critical thinking, conflict resolution, grit and resilience, resume building, interview skills and employability**. Scholars also gained workplace insights through sessions on teamwork, goal setting, workplace adaptability and electronics applications, led by industry professionals.

A **5-day certificate course on MS Office and AI Tools** further strengthened their digital capabilities. **Communicative English programs supported scholars in building confidence and professional communication**. Together, these interventions gave scholars practical knowledge, industry perspectives and essential workplace skills, helping them approach higher education, career opportunities and the world of work with greater confidence and preparedness.

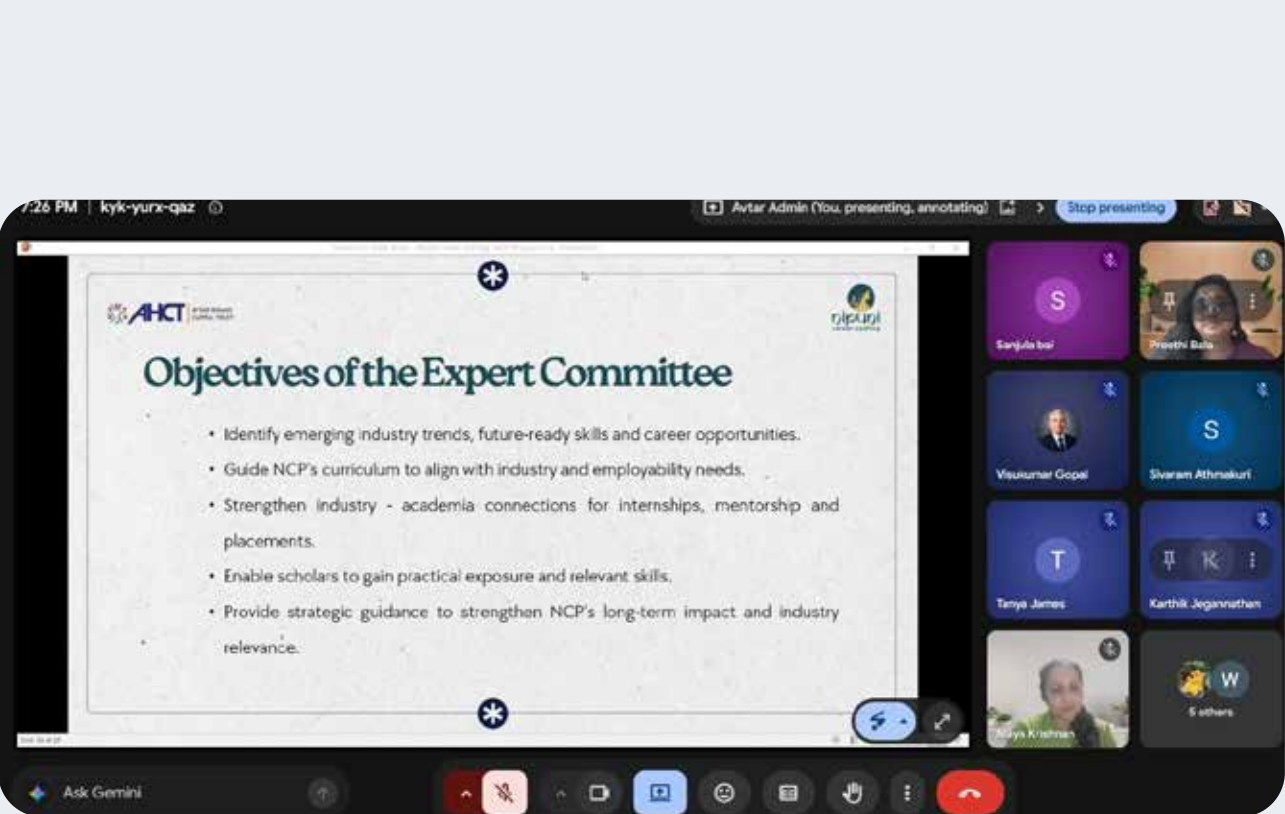


## Ford Walk Tour

**86 scholars from Asan Memorial College of Arts and Science and Thangavelu College** participated in the **Ford Corporate Walk Tour**, gaining firsthand exposure to a professional workplace. The visit offered scholars an opportunity to experience workplace culture, understand diverse career roles and gain real-world insights from the corporate environment. By connecting classroom learning with industry exposure, the walk tour helped scholars broaden their understanding of career possibilities and envision their future pathways with greater confidence.

## MOU Signing

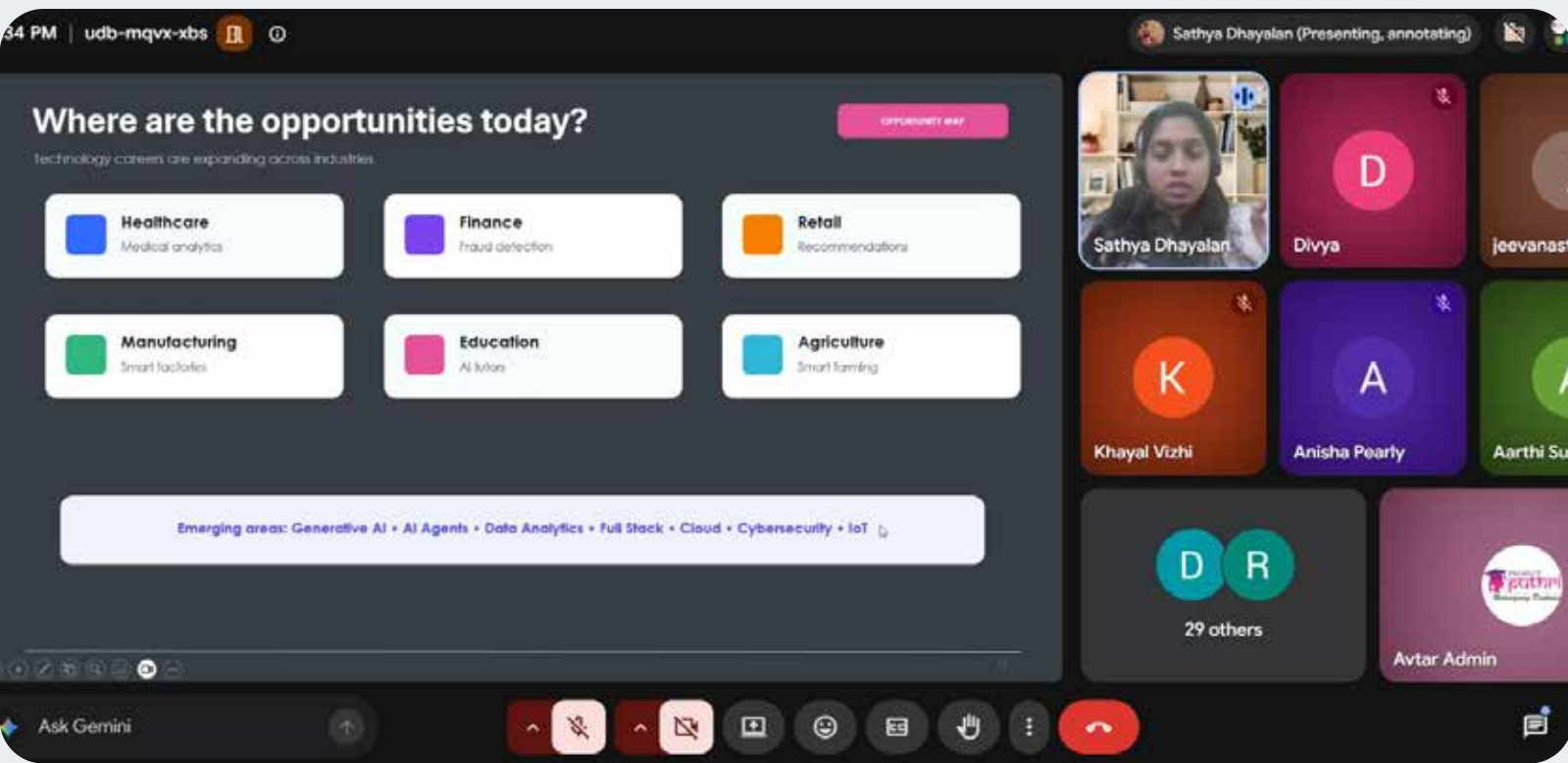
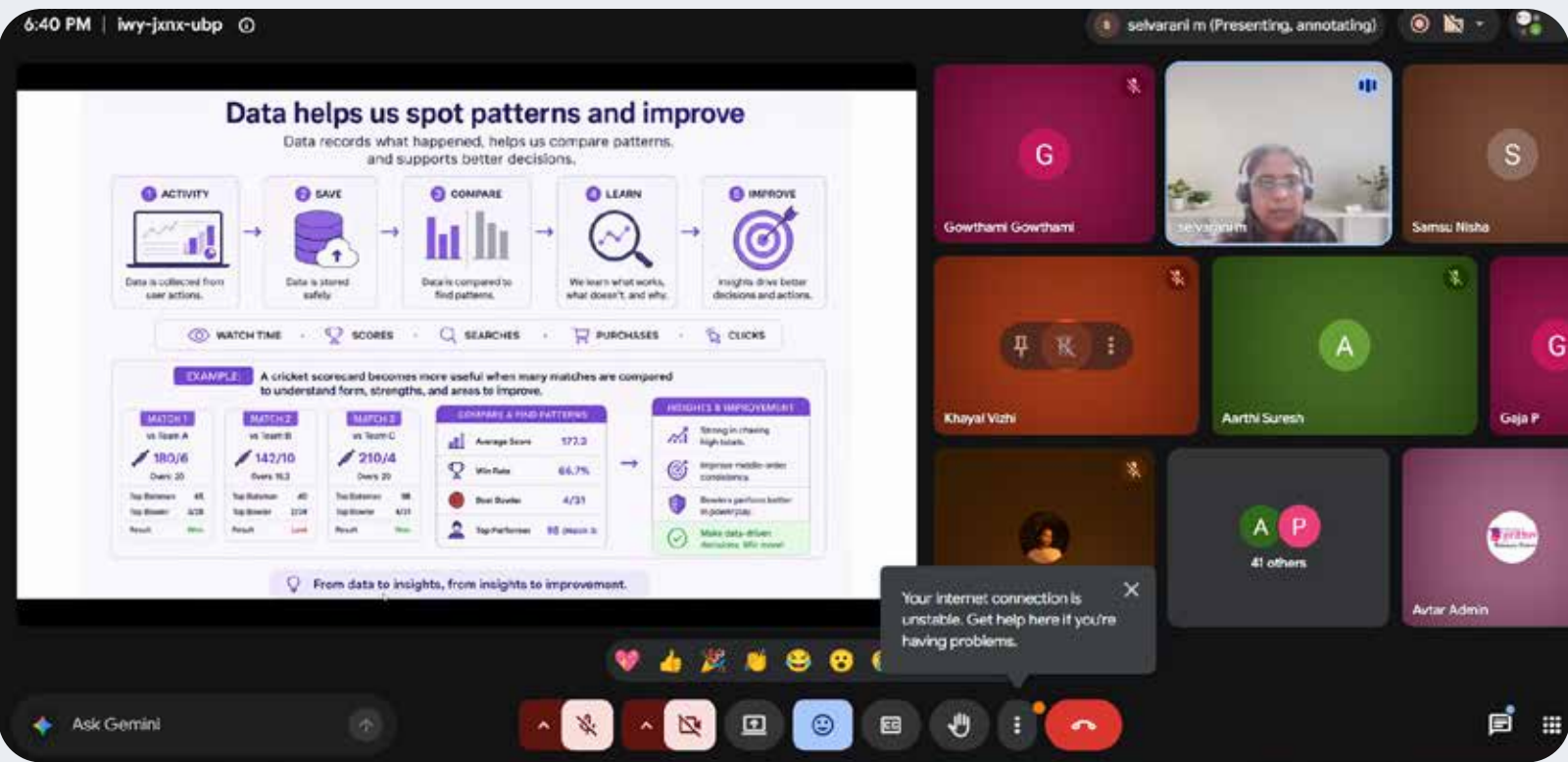
This quarter, Nipuni Career Pathing Program strengthened its ecosystem through two key partnerships, with **Skillhoick, Bengaluru**, and **Sri Venkateshwara College of Engineering**. These collaborations expand opportunities for scholars by strengthening access to skill development, industry-relevant learning and institutional support. The partnerships create a stronger platform for practical exposure and career readiness, helping young women build the capabilities and connections needed to transition confidently from education to employment.



## Expert Committee

The NCP Expert Committee has been formed to strengthen the **program's curriculum and industry relevance**. The committee will bring industry perspectives to identify **emerging trends, support internship and job opportunities, and create mentorship connections for scholars**. The introductory meeting brought together 10 volunteers from diverse industries, marking the beginning of a stronger academia-industry ecosystem for NCP scholars.

## Industrial Insight Session



NCP scholars gained valuable industry perspectives through Leaders' Talk sessions led by professionals from **VDart Academy, KLA, Bosch and eMudhra Ltd**. Sessions covered **Data Science, AI, ML, Full Stack development, software evolution from legacy systems to AI and banking operations and quality processes**. These interactions helped scholars understand emerging career pathways, evolving industry expectations and workplace opportunities, while connecting their academic learning with real-world applications. The sessions broadened career awareness and encouraged scholars to explore future-ready skills with greater confidence and purpose.



# MITR Initiatives

MITR (Men Impacting Trust & Respect) engages school-going boys in building empathy, respect and awareness around gender equality. Through interactive sessions, scholars explore relationships, boundaries, allyship and the role they can play in creating more inclusive school communities. With **5,125 beneficiaries** across **47 schools** in **6 cities** and **1,780 hours of interventions**, MITR continues to nurture young boys as responsible allies who contribute to safer, more respectful spaces where every girl can learn, grow and aspire with confidence.

## Inaugurals And Interventions

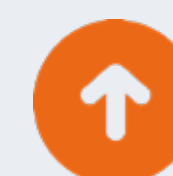
This quarter, MITR conducted **93 inaugural session** hours across schools, introducing students to the program's focus on empathy, respect and gender equality. The program also delivered **806 hours of physical mentoring interventions** from July to September, creating consistent spaces for boys to reflect, learn and develop as responsible allies who contribute to more respectful and inclusive school environments.



## Train The Mentor (TTM)



A Train the Mentor (TTM) session was conducted with **10 participants**, equipping them with the knowledge, facilitation techniques and resources needed to effectively engage school-going boys. The session strengthened their understanding of MITR's focus on empathy, respect and gender equality, preparing participants to support meaningful and impactful interventions across schools.



# Share this Newsletter

If you know someone in your circle of friends or family members who want to make a difference in the lives of underprivileged girls and adolescent boys, **share this newsletter with them** and help us reach more people who can transform lives and shape brighter futures for generations to come!

# Support By Donating or Volunteering

Your support can help us impact the lives of more young people! Explore our four programs and support these incredible initiatives by making a generous donation or volunteering your time and skills to transform young lives through career-intentional education, skill development and gender equality.



Project Puthri equips adolescent girls from underserved communities with the skills, guidance and the exposure needed to envision a brighter future.



The Puthri Scholarship Program helps deserving girls overcome financial barriers to education.



Nipuni Career Pathing equips young women from underserved communities for work through skill-building, mentorship, career guidance and industry exposure.



Men Impacting Trust and Respect (MITR) helps adolescent boys understand empathy, respect, gender equality and healthy relationships.

Scan the QR codes below to help shape brighter futures for the next generation.



Donate Now



Volunteer Now



# Contact us!

We invite you to be part of our journey! You can make a meaningful difference in the lives of young people. Get in touch with Avtar Human Capital Trust to discover how you can empower the young people of India to build brighter futures.

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[www.ahct.org.in](http://www.ahct.org.in)

